



# INTERNATIONAL ASSOCIATION *of* CHILD SLEEP CONSULTANTS

## **Erin Meckfessel: Central Regional Representative**

“The IACSC **nonprofit educational organization** was formed to bring together the growing number of child sleep consultants, establish a standard of professionalism and educational training for it’s members so that the medical and parenting community has a trusted resource of educated Child Sleep Consultants. The IASCS members will share a solid foundation of knowledge, ethics and experience as a basis for our unique area of practice. The International Association will reach out to fellow consultants nationally as well as internationally.

The IACSC’s goal will be to provide to it’s members continued education in areas which influence sleep practices such as child psychology, nutrition, child development, and many others as it pertains to sleep. As the membership in the IACSC grows so will the benefits to our members. Annual conferences, mid-year meetings, local seminars and webinars are all reachable goals. Members of the IACSC will set the standard of excellence in this area of practice. The IACSC’s goal to the parenting community would be to provide families with members who are experienced, well educated and informed in the science of children’s sleep.”



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## **Membership to the International Association of Child Sleep Consultants**

*As a member of The International Association of Child Sleep Consultants (IACSC) you will be recognized and validated as a professional entity in this trade based on your level of education and professional experience. We will list our members based on these educational/professional experience background categories: Specific training in the area of children's sleep (with IACSC approval), educational degrees, years in practice (will show proof of date of business launch date).*

### **Membership Requirements:**

Since the IACSC's goal is to recognize and promote the individual member's educational background and experience, your membership status will be determined based on these specific areas.

**IACSC Regular Member Requirements:** (you must fall into one or more of these categories)

- We invite individuals who have had specialized training specifically in the area of Children's Sleep such as a Child Sleep Consultant certification or training program with a minimum of 50+ hours of training completed. (we require that you show proof of certification or training completion). The certification and/or training program must be taught by an individual who has qualifications which fall within the IACSC regular membership requirements with at least 10 years experience practicing as a Child Sleep Consultant.\*
- We invite individuals with advanced specialized degrees (with approval from the IACSC's board) focusing on children's sleep. Pediatric Pulmonologists would fall into this category
- We invite individuals who's primary business is solely based as a Child Sleep Consultant.\*\*

\* Please send us a document stating your certification completion and an affidavit from your instructor stating training hours completed and since what year has the instructor has been working solely as a Child Sleep Consultant. Please have your instructor sign the document.



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## **IACSC Associate Members:**

- This membership category invites individuals who work with families in areas of sleep but is not their “primary” business focus and experience. Associate members believe in the IACSC’s mission, want to utilize IACSC’s educational programs to further educate themselves in this unique area of practice. Associate members will use the IACSC’s educational resources to grow their expertise in the area of children’s sleep. Individual’s who are interested in learning more about children and sleep such as Doulas, Newborn Care Specialists, Lactation Consultants, Social Workers, Psychologists, Family Counselors, MD’s, RN’s for example might have interest in this membership category.

**Annual Dues: \$125**

**Non-Members who are MD’s** are welcomed to receive the IACSC newsletter and/or attend our annual conference.

## **Membership Includes:**

Your annually fee to the IACSC will help pay for our overhead costs to run the association including: marketing fees, educational classes and training programs, legal and general administrative costs. The IACSC is a not-for-profit organization. As a member you will be featured on our membership page, offered “member’s only” continued education classes, receive the quarterly newsletter, receive IACSC’s logo to market your membership to the IACSC, receive general IACSC’s updates and pertinent news and information to keep members current on the latest industry studies and articles. The IASCS will also hold an annual meeting for it’s members at an additional cost.

For more information or would like an application please visit our website at [www.iacsc.com](http://www.iacsc.com).